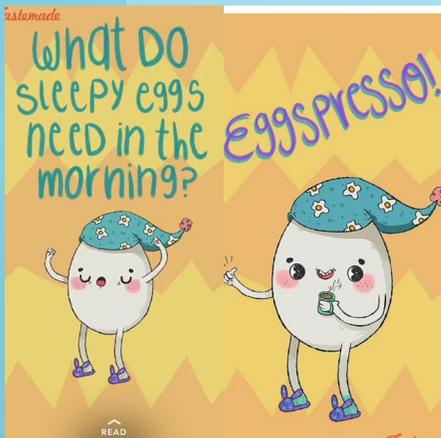
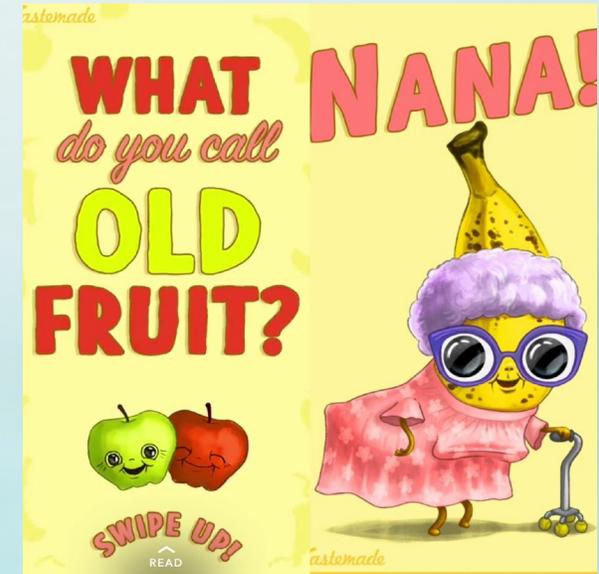
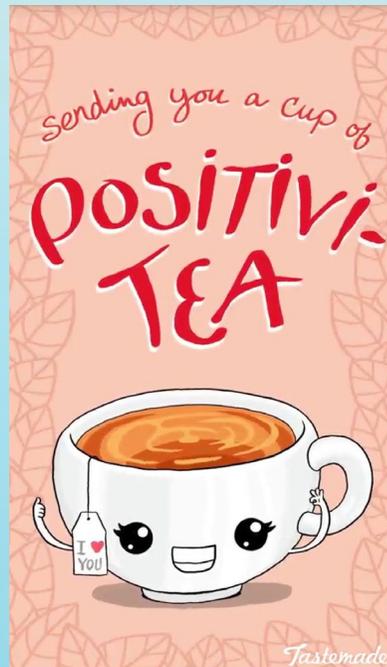


Health, Nutrition, and Safety

- New Employee Orientation



Individual Service Plans (ISPs)

- Any time we do something different for a child in a classroom or during play groups, an ISP needs to be developed
- The ISP will indicate what steps need to be completed to care for the child's need/s
- We have templates for asthma, allergies, seizures, and a general health ISP, although we may create a special one for a child that has more significant needs
- The child's doctor and caregiver need to be included in the development of most ISPs
- Everyone who helped create the ISP and anyone who needs to know the information should sign it



Medication

- Day Care Licensing (DCL) requires that we have medication permission forms on file prior to giving any form of medication.
- Parent/Guardian can sign the Consent for Non-Prescription Medications for over-the-counter (otc) lotions or other items used on the *outside* of the body.
- The WI DCL form signed by the parent/guardian and something from the child's physician is required for all other medications to be given, including Tylenol, inhaler, etc.



Medication Continued

- All medication needs to be in its original container with the child's name and, if a prescription, needs to have the pharmacy label on it.
- Emergency medication, such as epi-pens, inhalers, and diastat, should be kept in the bus bag in a well-marked baggie.
 - A copy of the ISP and medication form should be kept with the medication in the baggie.
- The bus bag should be always kept with the class, such as in the gym or outside on the playground.
- All other medication needs to be in a lock box or locked cabinet out of the reach of children.



Asthma

- Asthma is a growing concern, with more children being diagnosed with it and at younger ages.

Allergies

- There are many different types and severity of allergies.
- There are times when specific centers will need to be “free” of certain items.
Example: Nut free
- If it is a doctor-diagnosed allergy, we require the “allergy restriction request” to be completed by the doctor and submitted before they start.
 - This gives us guidance as to the severity of the allergy and treatment if exposed.
- Allergies (for food) need to be posted where the children eat. If you are a substitute and don't see anything, please ask.



Special Dietary Needs

- Occasionally there are other needs, such as food needing to be cut up smaller, needing adaptive equipment, feeding tube...
- Staff who take care of those children will receive training specific to the child.



Nutrition

- Classrooms serve and eat meals family style
 - Food served on child-sized dishes
 - Food is passed around and children serve themselves
 - Children are never forced to take something they don't want
 - Food is never used as a reward or punishment
 - Children should have as long as they need to eat
 - Great opportunity to have intentional conversations (colors, textures, health...)
 - Food and drinks other than what is being served for meals are not allowed inside classrooms



Registered Dietician

- Our current dietician is Pat, who works for Rock County WIC
- Can be utilized in many ways
 - Observe meal times and help with any issues
 - Meet with parent/s for questions or concerns
 - Do a presentation for multiple families and/or staff



Record Keeping

- Most of the record keeping for CACFP (Child and Adult Care Food Program) is done by cooks and admin staff
- Most important piece for staff in the classrooms:
 - The number of children and adults who are eating and are offered at minimum the required components **needs to be documented *while* the children are eating.**
 - Do not write down counts based on attendance or at any other time. If it is forgotten, a zero needs to be submitted, which means **we will not get any reimbursement for that meal.**



Civil Rights Training

- <https://media.dpi.wi.gov/school-nutrition/civil-rights-training/story.html>

Recognition of Childhood Illnesses

- Please refer to your Day Care Licensing manual or call with questions
- Head Lice: we do not exclude for nits but do send home if live lice are present
- If a child has a fever under 100.4, but is otherwise acting normally, we do not send home
- If a child is unable to participate in classroom activities or takes too much extra staff time, please contact parents
- Hand washing is the easiest way to prevent the transmission of illnesses



Safety Plans

- Fire
- Tornado
- Lockdown
- Evacuation
- Lost child
- Flooding

**You will go over the plans specific to your site with your supervisor later this week.*



Fire Safety Video

FIRE SAFETY

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CPR and First Aid

- All staff need to be certified in child and infant CPR, AED, and First Aid.
- Gloves are available in areas where children may be present and should be used when any bodily fluids are present.
- All classrooms have first aid kits and spill kits which should be restocked as things are used (contact Toni or the Health and Nutrition Manager for supplies).
- Any injury that happens to a child while in our care needs to be documented in the classroom's med log and on an incident report form.



Prevention and Treatment



https://media.dpi.wi.gov/sspw/av/Bloodborne_Pathogens_School_Training_Program/story.html