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**ROCK-WALWORTH COMPREHENSIVE FAMILY SERVICES INC.**

**HEAD START AND EARLY HEAD START**®

**Early Head Start Play Group Planning Form**

(Complete during planning for individual center and combined socializations and turn into the EHS Team Leader prior to event)

**Socialization location:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date:** \_\_\_\_\_\_\_\_\_\_ **CC:** \_\_\_\_\_\_\_

**Start Time:** \_\_\_\_\_\_ **End Time:** \_\_\_\_\_\_\_ **Planner Names:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Theme:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Guest Speaker:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Speaker Topic:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Educational topics/concepts infused into lessons/activities: **(Circle all that apply)**

**Preventative Care: Nutrition Education Transitions**

Medical/Dental Selection of food Assist parents in meeting/talking with

Emergency First Aid Preparation/Sanitation teachers/other professionals to support

Home/Environmental Safety Budgeting successful transitions

Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Substance Abuse Domestic violence Child Abuse**

Effects on Mood Resources for Help Effective Parenting

Resources Effects on children Signs of Abuse

Protective Behaviors

Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Mental Health Pre/Post Natal care Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Stress Management Fetal development

Mental Wellness Labor/Birth

Depression/Post Partum Depression Alcohol Use/Smoking Risks

Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Continuing Education Accessing Community Resources Decision Making**

DLL/ESL How to find Problem Solving

GED/HSED Accessing Leading/Policy Council

Literacy Communicating with

Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**On the schedule/agenda on page 2:**

* Briefly explain the activity and its purpose or message (use time frame more than once if different activities are going on simultaneously)
* Mark correct box: p/c= parent and child activity, p=parent, c=child
* List who is responsible for facilitating activity
* List materials needed, if any, for each activity

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**Nutrition Message:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Health Message:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Schedule/Agenda**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Time: From \_\_\_ To \_\_\_** | **Activity/Purpose or Message** | **p/c** | **p** | **c** | **Person/s Responsible** | **Materials Needed** |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

**Menu for next socialization:** (should include element/s from this socialization nutrition message and/or heath message (for example: importance of physical activity, drinking water and how much is recommended, importance of a varied diet, importance of eating five or more fruits and vegetables per day, why limit television etc. ):

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**(8/10)**